

UNLEASH YOUR ENERGY & MOTIVATION

Program Description

Overview:

Come to this upbeat program and recharge! We will talk about the tools and techniques you can use to rediscover the motivation within you. We'll discuss what you like and dislike and how to communicate that, as well as how to get what you need from others (and help them get what they need, too)! What are the major differences between a successful and not-so-successful person? Attend this program and find out!

Objectives:

In this course we will discuss:

- What does/does not motivate you.
- How to communicate with others to get what you need (and help them get what they need, too).
- How to combat negativity.
- The 4 keys to unleashing your energy and maintaining a positive outlook.

Length: Keynote: 60-90 Minutes
 Workshop: 3-4 Hours