

# BE THE STAR YOU ARE

## *Program Description*

### **Overview:**

Are there certain people that you just really click with? Others that you can't stand? Come to this interactive session to find out what color makes you shine – blue, green, gold, or orange.

After you complete a mini-assessment to determine your “color”, we'll follow that up with a fun and engaging look at the characteristics that make you and other people shine. Throughout the process, you will gain awareness that there are various ways that people go through this world differently than you (and why we sometimes have to weather storms with our significant others, kids, co-workers, and others)!

**Length:** Keynote: 45-90 Minutes

**Participant Materials:** Mini-Assessment, Handout